# Carrageenan

kar-a-GEE-nan

**Brand Name:** Carraguard



Carrageenan is a chemical found in certain types of seaweed. Scientists have discovered that carrageenan can protect laboratory cells from becoming infected with many viruses, including HIV.

Carrageenan is being used in experimental HIV microbicides, one of which is called Carraguard. Microbicides are substances that protect the body from infection by microorganisms such as bacteria, viruses, and fungi. Microbicides work by either destroying the microbes or preventing them from establishing an infection.

# **HIV/AIDS-Related Uses**

Carrageenan is an investigational medicine that is not yet approved by the FDA for use outside of clinical trials. It is being studied for the prevention of HIV infection and other sexually transmitted diseases. This medicine does not cure or prevent HIV infection or AIDS and does not reduce the risk of passing the virus to other people.

# **Dosage Information**

Carrageenan comes in a vaginal gel.

# **Contraindications**

Individuals should tell a doctor about any medical problems before taking this medicine.

## **Possible Side Effects**

Along with its desired effects, carrageenan may cause some unwanted effects. While not all of these effects are known, vaginal warmth, bladder fullness, and lower abdominal pain have been reported.

## **Drug and Food Interactions**

A doctor should be notified of any other medications being taken, including prescription, nonprescription (over-the-counter), or herbal medications.

#### **Clinical Trials**

For information on clinical trials that involve Carrageenan, visit the ClinicalTrials.gov web site at http://www.clinicaltrials.gov. In the Search box, enter: Carrageenan AND HIV Infections.

## **Manufacturer Information**

Carrageenan
Population Council
Center for Biomedical Research
Weiss Research Building
1230 York Avenue
New York, NY 10021

Carrageenan FMC Biopolymer 1735 Market Street Philadelphia, PA 10021

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#### **For More Information**

Contact your doctor or an AIDSinfo Health Information Specialist:

- Via Phone: 1-800-448-0440 Monday Friday, 12:00 p.m. (Noon) 5:00 p.m. ET
- Via Live Help: http://aidsinfo.nih.gov/live\_help Monday - Friday, 12:00 p.m. (Noon) - 4:00 p.m. ET